

# 2019

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REPORT  
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# A MESSAGE FROM CEO ANNE STARR

Parents with a child suffering from a mental illness can have a difficult time finding the help they need. I was reminded of this when a parent from our residential campus described her family's path to Orchard Place.

Before finding Orchard Place, multiple treatment attempts failed. A counselor told the mom, "You have to realize your son is never going to get better, so it might be best for you to just to walk away." She replied that she was never going to give up on her child. But they found the help they needed at Orchard Place and now their son is on a happier, healthier path.

"Never giving up" is at the heart of everything Orchard Place does. That spirit, combined with new treatment methods, means that outcomes for children with mental health conditions has never been better.

With the support of community partners, we're introducing improved services and spearheading the development of mobile crisis services, keeping families out of emergency rooms where mental health services are not a primary focus. I look forward to sharing more information about this project in the coming months.

This is critical work for Iowa's kids and we simply couldn't do it without your help. If you've donated, volunteered or have worked for Orchard Place, your contributions make the successes outlined in this report possible. Numbers speak volumes and so do the thousands of kids with brighter futures, thanks to you.

I've never been more optimistic about what the future holds for the children and families served by Orchard Place or for Orchard Place as an organization.

So, thank you for your continued support. With your help, we will continue to build on the momentum to help build the strongest futures possible for Iowa's kids.

Sincerely,

A handwritten signature in black ink, appearing to read "Anne Starr".

Anne Starr, MSW / Chief Executive Officer

# THE ORCHARD PLACE MISSION

**Orchard Place** is the largest non-profit organization dedicated to helping children and youth with mental or behavioral health challenges in Iowa.

This includes anxiety disorders, ADHD, autism spectrum disorders and mood disorders such as depression and/or bipolar disorder. Orchard Place employs a full staff of professionals including psychiatrists, licensed therapists and psychologists who are responsible for helping thousands of youth every year.

Our branches include the Orchard Place/ Child Guidance Center which provides outpatient community health services for children, adolescents and their families; Orchard Place Campus, our residential Psychiatric Medical Institute for Children; and Orchard Place/PACE Center, our community-based branch providing skill-building, substance use treatment as well as Juvenile Court follow-up, summer programming and integrated health home services.

## VITAL STATISTICS

In 2019, Orchard Place:

- Provided care to **8,613 Iowa children and youth**.
- Employed **372 staff members**.
- Was supported by **938 volunteers**.
- Operated on a budget of **\$21.9 million**.
- Spent only **8.7% of the total budget** on management and general expenses.
- Was **accredited, audited and licensed by more than 10 entities**, including The Joint Commission, for which Orchard Place met or exceeded more than 800 standards of operation, safety and management.



# ORCHARD PLACE CHILD GUIDANCE CENTER

**Orchard Place/Child Guidance Center** is a federally accredited outpatient mental health center for children with mental health issues located in downtown Des Moines and has provided child and adolescent mental health services in central Iowa for more than 80 years.

## IN 2019, THE CHILD GUIDANCE CENTER:

- Provided care to **4,552 children and youth**.
- Conducted **52,671 outpatient treatment and psychiatric visits**.
- Served **139 youth** through the Functional Family Therapy program, helping 90% of those served stay in their homes.
- Placed an emphasis on training staff in Eye Movement Desensitization and Reprocessing, Trauma Focused – Cognitive Behavioral Therapy, Adlerian Play Therapy and other treatment modalities.

## BASED ON YOUTH AND PARENT PROGRESS REPORTS:

- **62% of youth** showed a decrease in total difficulties from intake to discharge.
- **60% of youth** showed a positive change in emotional regulation from intake to discharge.
- **86% of youth/parents** reported satisfaction with their progress.
- **88% of Functional Family Therapy participants** showed an improvement in family relationships.

## THROUGH THE CHILD CARE RESOURCE AND REFERRAL (CCRR) PROGRAM:

- **3,090 on-site consultations** to child care programs were provided by child care consultants, totaling **3,957 hours**.
- **1,239 hours of training** were offered to child care providers in central Iowa; **2,956 child care providers** attended our training sessions.
- **906 families** were provided direct assistance with information regarding choosing quality child care from a CCRR parent referral specialist.
- **7,023 individual technical assistance contacts** were provided to child care providers.



**375 INDIVIDUALS FROM ACROSS  
THE U.S. ATTENDED THE 9TH  
ANNUAL TRAUMA-INFORMED  
CARE CONFERENCE TO EXPAND  
THEIR KNOWLEDGE IN TRAUMA  
AND MENTAL HEALTH.**



IN 2019,  
ORCHARD PLACE  
CAMPUS SERVED  
265 CHILDREN.  
THE AVERAGE  
LENGTH OF STAY  
WAS 5.8 MONTHS.



## ORCHARD PLACE CAMPUS

For children or adolescents in need of more than outpatient treatment, **Orchard Place Campus** offers help as a Psychiatric Medical Institute for Children (PMIC). Our residential program provides intensive treatment, including treatment from master's-degree level therapists, bachelor's-degree level milieu treatment counselors, psychiatrists, a pediatrician, nursing staff, a recreational therapist, a dietician and other dedicated professionals.

### IN 2019, AT ORCHARD PLACE CAMPUS:

- **89% of youth** showed a positive change in emotional regulation from intake to discharge.
- **92% of youth** showed a decrease in total difficulties from intake to discharge.
- **97% of youth** successfully discharged to a lower level of care.
- **92% of youth** indicated that they will be able to use the skills they are learning once they return home.

### OF THE STUDENTS WHO RESIDED AT ORCHARD PLACE CAMPUS FOR 90 OR MORE DAYS:

- **63% of general education and special education students** maintained or improved one full grade level in math from the pre- to post-test.
- **56% of general education and special education students** maintained or improved one full grade level in reading from the pre- to post-test.

# ORCHARD PLACE PACE CENTER

**Orchard Place/PACE Center** is our community-based branch providing skill-building, therapy, and integrated health home services, serving a diverse population of youth and families struggling with mental health and/or substance use issues.

PACE works to enhance the functions of mental health professionals, educators, Juvenile Court services and the Iowa Department of Human Services. **In 2019, PACE Center served 3,796 youth and families.**

## IN 2019, AT THE ORCHARD PLACE/PACE CENTER:

- **74% of youth** served were successfully discharged from services.
- **91% of youth/families** served reported satisfaction with progress being made.
- Our Integrated Health Home Program provided care coordination services to **1,207 youth and families**, including both Medicaid and non-Medicaid clients through partnerships with our Medicaid funders and the Iowa Department of Human Services.
- Our PACE school-based partnerships in six area high schools served **459 youth** on behalf of Juvenile Court services and the Des Moines Public School District.
- **607 youth** received skill-building services from PACE case managers, working in conjunction with their therapists.
- **249 youth** received substance use services during the year and 10 attended substance use education classes.
- **45 youth** participated in after-school enrichment programming, which included cultural, educational and recreational activities.
- **70 youth** attended our PACE Kids' Club summer program.





RESEARCH SHOWS THAT  
**ONE IN FIVE** CHILDREN  
WILL EXPERIENCE A  
MENTAL HEALTH CRISIS.

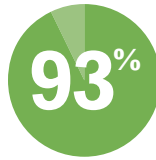


# SURVEY RESULTS & FINANCIALS

## ACCORDING TO 1,853 PARENTS AND CHILDREN RESPONDING TO OUR SURVEYS:



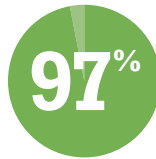
97% felt safe with our staff and services.



93% felt comfortable asking questions about the services received.

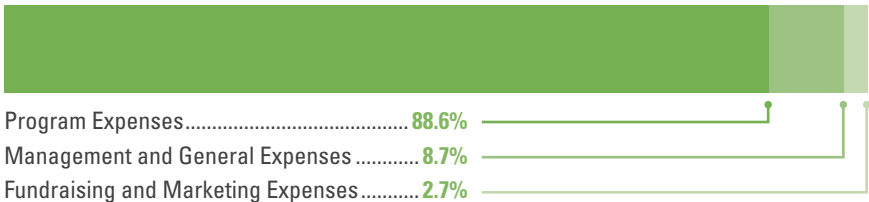


94% were satisfied with the services received.



97% reported being treated with respect.

## ORCHARD PLACE AND OUR RELATED FOUNDATION HAD AN OPERATING BUDGET OF \$21.9 MILLION IN THE LAST FISCAL YEAR. DISTRIBUTION OF THIS AMOUNT WAS AS FOLLOWS:



## THIS YEAR, 8,613 CHILDREN AND YOUTH WERE SERVED BY THESE RESOURCES:

Medicaid.....	54%	United Way of Central Iowa.....	5%
Third Party and Private Pay.....	15%	Juvenile Court.....	3%
Other State/Federal Contracts.....	13%	Schools.....	2%
Philanthropy/Other.....	8%		

## ORCHARD PLACE EXECUTIVE OFFICERS

<b>Chief Executive Officer</b> .....	Anne Starr, M.S.W.
<b>Chief Financial Officer</b> .....	Val Saltsgaver, C.P.A.
<b>Chief Medical Officer</b> .....	Stephen Mandler, D.O.
<b>Vice President, Development</b> .....	Wendy Ingham
<b>Vice President, Orchard Place/Child Guidance Center</b> .....	Nicole Beaman, L.I.S.W.
<b>Vice President, Orchard Place Campus</b> .....	Amber Rand, L.M.H.C., I.A.A.D.C.
<b>Vice President, Orchard Place/PACE Center</b> .....	Sonni Vierling, M.A.

## ORCHARD PLACE BOARD OF DIRECTORS

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<b>Vice President</b> .....	Marcus Miller
<b>Secretary/Treasurer</b> .....	Reginald Jackson

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Manuel Cornell	Mike C. Gartner	Shane Percival
Christy Cownie	Mic Jurgens	Lindsay Pickering
John Danos	William Ketch	Nikki Syverson
Joe DeJong	Jan Koder	

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<b>Secretary/Treasurer</b> .....	Andrew Hall

### Members

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Kevin Bannister	Ben Rempe	
Kelsey Cervantes	Megan Stelter	

## ORCHARD PLACE HONORARY BOARD OF DIRECTORS

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Wesley Boldt	Paula Duncan	Catherine McGarvey
Nancy Bone	Barbara Gartner	Cynthia Rehm
Martha Buenneke	Phyllis Hansell	Wes Ritchie



# ORCHARD PLACE

## **Administrative Office**

2116 Grand Ave.

Des Moines, IA 50312

Phone: 515.246.3514

Fax: 515.246.3599

## **PACE Center**

620 Eighth St.

Des Moines, IA 50309

Phone: 515.697.5700

Fax: 515.697.5701

## **Orchard Place Campus**

925 S.W. Porter Ave.

Des Moines, IA 50315

Phone: 515.285.6781

Fax: 515.287.9695

## **Orchard Place Foundation**

925 S.W. Porter Ave.

Des Moines, IA 50315

Phone: 515.287.9610

Fax: 515.287.9695

## **Child Guidance Center**

808 Fifth Ave.

Des Moines, IA 50309

Phone: 515.244.2267

Fax: 515.244.1922

**ORCHARDPLACE.ORG**

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